

Tautopathy - An Effective Treatment for Drug Induced Diseases

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Abstract: Tautopathy is a term, used to denote the application of a drug prepared in homoeopathic potency for the same condition or syndrome, which is caused by the crude version of the identical drug. There have been many evidences among research studies, in support of Tautopathy, proving it to be efficacious in removing toxicological effects of the drug. With the advancement in biological and scientific experiments, there has been a substantial increment in the exposure of various chemicals and radiations to our body, which led to one of the major causes of chronic health diseases. To combat these, a system of medicine is required. Tautopathy is one such system that provides treatment by the similimum for toxicological effects of the drugs. The side effects of various drugs was recognized even during the Hahnemann's time, for which Nux vomica was advised to counter such effects. But due to the evolution of human genomes and subsequent discoveries of modern drugs, these previously advised homoeopathic antidotes are less effective. The allergies due to antibiotics should be treated by the law of similimum using the same drugs in potentised form that produced those allergies. Furthermore, drugs like cortisone and corticosterone only suppress the manifestations and also make the patients resistant to them. Hence a deep study on the subject poses a good scope for the management of iatrogenic diseases. Cases treated with homoeopathy and related researches make a better understanding about the efficacy of Tautopathy. Moreover, they help in gaining the knowledge regarding how to approach a patient, who was treated previously by modern drugs and now has become either allergic or resistant to it. In this article, various such references are being discussed along with the clinical researches supporting them.

Keywords: Tautopathy, Homoeopathy, Similimum, Iatrogenic Diseases, Toxicological Effects, Health Hazards

1. Introduction

Besides homoeopathy (similar disease) and isopathy (equal disease), another term 'homopathy' (homos- same) is in line with the former two. But in order to avoid the confusion, instead the term 'Tautopathy' is used, which is derived from the Greek word 'tautos' meaning 'same'. [1] Tautopathy is a term coined by Mr. Dudley Wooton Everitt, the late director of Nelsons Homoeopathic Pharmacy in London. He also contributed to the provings of *Atrax robustus* and *Hydrophys cyanocinta*. [2] Tautopathic system opens a wide range of scope for treating diseases that are caused by therapeutic drugs, also known as iatrogenic diseases. Various homoeopathic repertories consist of rubrics pertaining to toxicological action of the drugs and their related medicines. For example, rubrics like bad effects of chlorine, sulphurated hydrogen, formaldehyde, etc. are covered under the chapter

toxicity, in Homoeopathic Medical Repertory by Robin Murphy. [3] Including Tautopathic drugs in such rubrics will add to the scope of repertorising similar cases. Previous researches include information regarding the effectiveness of Tautopathy. In this article, a systematic review of previous clinical experiences by stalwarts is discussed with a conclusive list of drugs that have been used in the Tautopathic mode of treatment.

2. Tautopathy - The Insight and Scope

It is a method of curing or removing bad effects of drugs by giving isotoxication, just similar to isopathy. Isopathy is a system of medicine in which a disease can be cured by giving its very own product. Tautopathy has two advantages. First it can be proven like homoeopathic drugs and included in *Materia medica*. Second it can be given to antidote bad

effects of crude or harmful identical agents. [3] The indication of Tautopathy is based on causative factor and symptoms produced as side effects of the abused drug.

Tautopathy is strictly homoeopathic, though including drugs that are used by allopathic system of medicine. The reason is because they are used on the basis of symptoms produced by crude drug on diseased persons. They are prepared strictly according to homeopathic principles and used in potencies. [4] The need to study about Tautopathy lies in the ever increasing incidences of drug hazards and chronic health conditions caused by the toxic effects of drugs. A study [5] showed that iatrogenic and pharmacogenic effects are among the most frequent causes of death and disability, and not the heart diseases and cancer.

The practice of administering nonspecific therapy to control and check infections was a fad in medical science, even before the discoveries of antibiotics and sulphonamides. This gradually led to the development of resistance in the body, further increasing the risk of developing iatrogenic diseases. [4] Antibiotics also do not cause complete destruction of microorganisms as they are mainly bacteriostatic. In addition to that, they destroy normal flora of the gut and respiratory tract, causing more harm. Side effects of antibiotics have been known with a great certainty so far. [6] Along with this antibiotics era, there existed a vitamin era also, in which multiple vitamins were prescribed for general wellbeing of the patients and also to those suffering from avitaminosis. Though, it was observed that patients still had persisting common cold in spite of treating with Vitamin D. [7]

According to Hahnemann in 6th edition of Organon of Medicine, "The botched health condition brought above by the allopathic non healing art are the most tragic and the least curable of all the chronic disorders. I regret to say that when they have been driven to an extreme, it will probably be impossible to invent or think up means to remedy them." [8] Hahnemann called drug induced diseases as the ones that are most difficult to treat, and thus should be left alone to be cured by the vital force itself. Tautopathy holds a cognizable purview for these 'difficult to cure' diseases and helps in unfolding the layers of miasm produced by such drugs.

The forthcoming review of different research studies will unveil the indications of various Tautopathic drugs.

Some of the known physiological action of drugs are as follows: [4]

- 1) Streptomycin- causes neurological disturbances, specially of eighth cranial nerve
- 2) Penicillin- causes decrease in leucocyte count
- 3) Chlorpromazine- causes hepatic disorders
- 4) Theouracil, methimazole, asphenamine, methylestasterone- liver disorders
- 5) Phenylbutazone, phenycerylurea- causes toxic hepatitis, inflammatory infiltration and liver cell damage, sulfapyridine- causes kidney stone and urinary tract stone
- 6) Sulpha drugs- cause enlargement of thyroid gland
- 7) ACTH and cortisone- cause peptic ulcer
- 8) Therapeutic hormones- like estrogen is a risk factor for breast cancer and Gynaecomastia

- 9) Antihypertensive like Hexamenthorium-known to cause acute interstitial pulmonary fibrosis and progressive dyspnea.

These drugs when prepared in potencies by trituration and succussions and when prescribed according to homoeopathic principles, may remove these side effects, which have no known treatment so far. In chronic diseases, Hahnemann suggested that the causative organism of an infectious disease would naturally produce the disease itself. Thus the potentised microbe would have to be the similitum to a case of that self-same disease (Tauto-same). [9]

A Glasgow mustard trial [10] was conducted to study the Tautopathic treatment as preventive, by the British Homoeopathic society and the Ministry of Home security during world War- II. It was a double blinded placebo controlled trial, in which mustard gas 30C or placebo was given to volunteers before real mustard gas was applied to their forearm. The observations were as follows:

Table 1. Observations in two groups of mustard trial.

Mustard Group	Placebo Group
1. 2 cases- got deep lesions	1. 12 cases- had deep lesions
2. 12 cases- had no lesions	2. 2 cases- got no lesions

The result of the study showed that statistically significant improvement or prevention was observed during these trials from the Tautopathic mustard gas 30C.

Another study [11] was conducted by the researcher Khuda Baksh in Nadia district of West Bengal, to know the effects of *Arsenicum album* 30C on the chronic effects of arsenic poisoning contaminated from drinking water. It was observed that there was reduction in the level of arsenic in blood and urine in the subjects consuming the contaminated water.

The Tautopathic immunotherapy is another term applied for potentised allergens in homoeopathic potencies. This is used when an allergen displays a clear group of symptoms and that allergen when given in potency also produces the same group of symptoms. For example, in allergic rhinitis syndrome, hay fever produces symptoms that are similar to those produced by individuals, who are sensitive to *Galphimia glauca*. A Randomized Controlled Trial was conducted between two groups of *Galphimia glauca* 6x and placebo, on patients suffering from these symptoms. It was found that the homoeopathic preparation improved symptoms to a greater extent. [12]

In a case report [13], sulphothiazole cured fever in a 6 months old child with symptoms of cough, stomatitis and constipation, who was given cibazol tablets for 10 days. A female aged 45 years with typhoid was initially under the treatment of allopathy using chloromycetin, which caused stomatitis, burning in mouth and throat, vertigo while getting up from bed, headache and aggravation from movement. All these indications pointed towards *Bryonia*, which gave no relief. Chloromycetin 6, lowered the temperature and alleviated the other symptoms as well. [13] Other drugs that add on to the list of Tautopathic medicines include ambistrin

that cured a case of tuberculosis of the lungs which was worsened by ambistrin injection producing symptoms of giddiness, headache and deafness. A patient of prostatic complaint was given zephrol drug by an allopathic doctor, which failed to relieve the retention of urine. Ephedrine 6 (a content of zephrol) was prescribed with an effective outcome. [13] A female child aged 2 years, got her urticarial eruptions on forehead, suppressed by tetramycine injections. The eruptions flooded the face all over, with puffiness and pus discharge. Intolerable pain and profuse salivation were other marked symptoms. After a failed attempt with Rhus tox 0/3, tetramycine 30 relieved the symptoms, followed by *Mezerium* 0/3 and *Calcarea carb* 0/3, to complete the cure.

In a case report, a 16 year old youth diagnosed with attention deficit hyperactivity disorder (ADHD), Asperger's syndrome and dyslexia received homeopathic dilutions of the same drug to which the child was exposed to in intrauterine life. There was significant relief in symptoms as well as improvement in MYMOP (Measure Yourself Medical Outcome Profile) score and DSM-IV (Diagnostic and Statistical Manual of Mental Disorders–Fourth Edition) score was observed. [14]

Similar such studies have proved the efficiency of Tautopathy, in improving immunodeficiency disorders and iatrogenic drug hazards. The sole indication lies in the treatment history of the patient. Therefore, every case, which is resistant to the indicated homeopathic medicine, should be inquired into any previous drug administered. If the totality of the symptoms is similar to the known adverse reactions of the drug, then the same drug in potentised form will be the next best indicated medicine.

Most of the patients approach homeopathic system of medicine after prolonged treatment with allopathic drugs that leave them in dire straits. The indicated homeopathic medicine fails to improve such artificial chronic diseases that are suppressed by several conventional drugs. Tautopathy is a leap forward for such cases and should be considered and accepted in the domain of homeopathy.

3. Conclusion

When the natural system of our body is made exhausted with artificial drug substances, then nature itself gives an indication to heal back the damage, using same resources that produced them at the first place. Tautopathy is the homeopathic version of conventional drugs. These drugs cause adverse drug reactions and are responsible for majority of iatrogenic disorders. These disorders have no known treatment so far and Tautopathy provides a great scope in considering these reactions and giving the same drug in potentised form for a definitive cure. Henceforth, a mere conscientious case taking into the history of the patient and exhaustive research in the field of Tautopathy, can broaden the treatment scope for immunodeficiencies, allergies and drug induced diseases, which are defined as the 'most difficult to cure' by Master Hahnemann. Updating the information and knowledge conceded by earlier pioneers, is

what makes a physician wise.

'It is not the strongest of the species that survives nor the most intelligent, but the one most responsive to change'. -- Charles Darwin.

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