



Antimicrobial Activity of Donkey Milk against Dermatofungal Fungi and Foodborne Bacteria

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Abstract: The antimicrobial activity of donkey milk was examined against 3 bacterial and 3 fungal strains selected on the basis of their relevance as human pathogens. All samples of donkey milk exhibited antimicrobial activity against dermatofungal fungi and foodborne pathogen bacteria. The highest antimicrobial activity was recorded against *Trichophyton mentagrophytes* and *T. rubrum* with minimal lethal concentration of 32 mg/ml. In respect to foodborne pathogenic bacteria, Gram- positive bacteria (*Bacillus cereus* and *Staphylococcus aureus*) were more sensitive to donkey milk than Gram-negative bacteria (*E. coli*) with minimal lethal concentrations of 32, 64 and 128 mg/ml respectively. Donkey milk kept about 60 to 62% of its antimicrobial activity against *B. cereus* and *S. aureus* respectively, after digestion with pepsin (2 mg/ml), suggesting that the fatty acids of donkey milk has the highest antimicrobial effect. While the antimicrobial activity against dermatofungal fungi and Gram-negative bacteria not affected after digestion with pepsin. To explain the antifungal capability of donkey milk against dermatofungal fungi, fatty acids were analyzed by gas chromatography. Fatty acids analysis indicated that the major constituents in donkey milk lipid are oleic (25.4%), palmitic (23.75%), linolenic (20.04%), arachidic (3.58%) and stearic (3.26%), which have antimicrobial activity. Finally, on the basis of results obtained in the current study, the antimicrobial activity of donkey milk against *Staphylococcus aureus* and dermatofungal fungi, specially *T. mentagrophytes* and *T. rubrum* which frequently cause acute or chronic inflammatory tinea corporis; may be considered as a valuable natural product with novel functional protection properties in cosmetics and pharmaceutical industries.

Keywords: Donkey Milk, *Trichophyton Mentagrophytes*, Fatty Acids, Bacteria, Dermatofungal Fungi

1. Introduction

Milk is a complex medium containing a variety of nutrients, minerals, vitamins as well as other molecules of functional or bioactive properties [1]. Donkey milk is considered to be helpful in the treatment of human immune-related diseases; discovery of ass' milk properties find its roots in antiquity, when doctors recommended it to treat several afflictions, due to its healing and cosmetic virtues; Cleopatra, Queen of Ancient Egypt, took baths in donkey milk to preserve the beauty and youth of her skin and used in the manufacture of soaps and moisturizers. Also it is been

found that Hippocrates (460-370 BC) prescribed donkey milk for several purposes, such as liver troubles, infectious diseases, fevers, edema, nose bleeds, poisonings and wounds. *Trichophyton mentagrophytes* and *T. rubrum* are the common causal agents of tinea, [2] while, *Candida* species were frequently isolated as causative agents of catheter-related bloodstream infections. In the last years, great interest has been developed toward donkey milk, because of its high likeness to human milk and unique functional properties with low casein content and high percentage of essential amino

acids. Because of that, recently it is considered to be a good alternative to infant formulas, since its nutrient composition, particularly the proteins, are very similar to those of human milk [1, 3]. Donkey milk contains a number of antimicrobial factors, especially milk proteins, which play a major role in milk protection. Enzymes, especially lysozyme, in donkey milk possess some unique characteristics such as bactericidal property which makes it different from other mammal milks [3, 4]. The antimicrobial activity of donkey milk was reported previously against *Salmonella choleraesuis* and *Shigella dysenteriae* [5].

One of the defense factors in milk is free fatty acids which protect milk from different microbial infections [6]. Antimicrobial activity of fatty acids was stated to be dependent on chain length and unsaturation degree [7]. Long-chain unsaturated fatty acids exhibit inhibitory activity against many bacteria even including methicillin-resistant *S. aureus* [8]. For instance, oleic and linoleic acids were reported as potent antibacterial [9]. However, milk and dairy products are great sources of saturated fatty acids; donkey milk appears to contain lower saturated fatty acids and higher amounts of essential fatty acids than cow milk. The role and the importance of donkey milk fatty acids are related to nutritional and extra-nutritional properties [10]. This study aims to (1) assess the antimicrobial activity of some Egyptian samples of donkey milks against the dermatofungal fungi and some foodborne pathogenic bacteria, (2) to determine the minimal lethal concentration of donkey milks against tested pathogenic microorganisms, (3) to detect the major component corresponding to the antimicrobial activity of donkey milk.

2. Materials and Methods

2.1. Milk Samples Collection

Individual milk samples from different milk animals were collected from El-Minia and Fayoum governorates in Egypt. These milk types were; Buffalo, Donkey, Camel, Cow, Goat, and Sheep. Milk samples were collected immediately after milking in sterilized bottles and chilled in ice box to 4°C, then stored at -80°C until using.

2.2. Chemical Composition

Moisture, protein, fat, lactose, ash and total nitrogen (macro-kjeldahl method) were determined according to AOAC [11]. The pH values measured using pH meter (Kent EIL 7020) [12].

2.3. Gas Chromatographic Analysis of Donkey Milk

To evaluate fatty acids content of donkey milk, three analytical methods were used; DB- Wax, DB- 23 and HP- 88 methods [13]. Freeze dried milk samples (100 mg) were dissolved in 10 ml hexane, and then 100 µl of potassium hydroxide (2.0 N) was added. After centrifugation, clear supernatant was transferred into a 2.0 ml autosampler vial. The analyses were performed in an Agilent 6890 GC

(University of Basilicata-Italy).

2.4. Target Microorganisms

Three fungal strains (*Candida albicans* DSM 2361, *Trichophyton mentagrophytes* AUMC 5505, *T. rubrum* AUMC 5488) and 3 bacterial strains (*Bacillus cereus* ATCC 14579, *Staphylococcus aureus* ATCC 8095 and *Escherichia coli* ATCC 25922) were used to investigate the antimicrobial activity of donkey milk samples. Bacteria and *Candida* strains were obtained from the Department of Agricultural Microbiology, Faculty of Agriculture, Fayoum University, Fayoum, Egypt, while, the other fungal strains were obtained from Assiut University Mycological Centre (AUMC), Assiut, Egypt. Stock cultures of bacteria were maintained on slants of nutrient agar. While, fungal cultures were maintained on slants of potato dextrose agar at 4°C.

2.5. Enzymatic Hydrolysis of Lysozyme in Donkey Milk

To polish the antimicrobial activity of lysozyme fraction, hydrolysis of donkey milk was carried out in two steps [14]. Initially, donkey milk was acidified with HCl to a pH 3.5, and then incubated with 2 mg/ml pepsin (Sigma) at 37°C for 2h. Then the enzymatic reaction was stopped by adjusting the pH to 8.0 with 0.5M sodium carbonate (NaHCO₃) solution, followed by heating at 75°C for 5 min. The samples were cooled then kept at 4°C till used to determine the antimicrobial activity by agar disk diffusion method. As a control experiment, the lysozyme solution (2 mg/ mL) was subjected to the process described above without the addition of pepsin.

2.6. Antimicrobial Activity Test

Antimicrobial activity of different milk types were assessed against fungal and bacterial strains by agar well diffusion method [15], [16]. For each bacterial or fungal strain, sterilized Mueller Hinton and potato dextrose agar medium were poured into sterilized Petri dishes, left to solidify at room temperature (25°C), and then swabbed from fresh bacterial or fungal culture strain. Wells in the centre of agar plate were created using a sterile cork borer (8 mm) and loaded by 250 µl of milk samples (concentrated to 50 folds by lyophilization and suspended in sterile water then pasteurized before tested). Plates with pathogenic bacteria or *Candida albicans* were incubated at 37°C and 30°C for 24h respectively. Other pathogenic fungi were incubated at 30°C for 48-72 h. The antimicrobial activity was determined by measuring the clear zones diameter (CZD) around each well in mm. Distilled water without test compounds was used as a control. Antibiotics such as Tetracycline (30 µg), Chloramphenicol (30 µg), Flucoral (fluconazole, 100 µg/mL) and Mycosat (nystatin BP, 100 µg/mL) were used as references for comparison in antibacterial and antifungal tests, respectively. All experimental procedures were performed in triplicates.

2.7. Determination of Minimum Lethal Concentrations (MLC)

The MLC of donkey milk was determined according to the dilution method described [17], [18]. For pathogenic bacteria or *Candida albicans*, serial of two-fold concentrations of donkey milk (8, 16, 32, 64, 128, 256 and 512 mg/ml) were pipetted into tubes containing 4 mL of LB or potato dextrose broth medium, respectively. Each tube was inoculated with 0.4 mL (0.5 McFarland medium) of a standardized suspension of bacterial test species containing 1×10^6 cell/ml. For fungi, liquid media was inoculated with a fungus strain and incubated for approximately 48 h at 30°C. Subsequently, the culture was filtered through a thin layer of sterile sintered Glass G2 to remove mycelia fragments. The titer of spores of each fungus was determined microscopically using a hemocytometer. A suspension containing the spores was used for inoculation on PDA medium. Serial of two-fold concentrations of donkey milk were pipetted into tubes containing 4 mL of PD broth. Each tube was inoculated with 1×10^6 spores/ml.

All inoculated tubes were incubated at appropriate temperature and time for each strain of tested microorganisms. After the incubation period, 0.1 mL from each tube was subcultured on LB agar or PDA plates and incubated at appropriate temperature and time for each microorganism. The least concentration of tested donkey milk which gave a viable count less than 0.1% of the original inoculum (1×10^6 cell/ml) was assumed as the MLC.

3. Results and Discussion

3.1. Chemical Composition and Antimicrobial Activity of Milk Samples

Data in Table 1 shows the gross composition of donkey milk compared to different milk types used in this experiment. In this study, the antimicrobial activity of donkey milk was examined against 3 bacterial and 3 fungal strains selected on the basis of their relevance as human pathogens. The examination of antimicrobial activity of the different milk samples by the agar diffusion method revealed that only donkey milk inhibited growth of most tested microorganisms. Different samples of donkey milk exhibited various degrees of antimicrobial activity against fungi and bacteria (Table 2 and Figure 1). Dermatophytes including *Trichophyton rubrum* are anthropophilic fungi which frequently cause acute or chronic inflammatory tinea corporis which is a superficial fungal infection (Dermatomycosis) of the arms

and legs, especially on glabrous skin. The data in Table 2 and Figure 1 showed that different donkey milk samples had a significant antifungal potential against the tested dermatomycotic fungi. The highest antimicrobial activity of donkey milk was recorded against the dermatomycotic fungi including *T. mentagrophytes* (ranged from 17-25 mm) and *T. rubrum* (ranged from 15-20 mm) with minimal lethal concentration 32 mg/ml. On the other hand, foodborne pathogen bacteria differed in their sensitivity to donkey milk samples tested, whereas, the Gram- positive bacteria were more sensitive than Gram-negative. The antibacterial activity of donkey milk against *B. cereus* and *S. aureus* ranged from 15-23, and 17-20 mm with minimal lethal concentration of 32 and 64 mg/ml respectively, while, *E. coli* recorded the least inhibition zone values (13-15 mm) with minimal lethal concentration 128 mg/ml (Table 2). It is worthy to mention that the antimicrobial activity of donkey milk significantly decreased (38-40%) after digestion with pepsin (2 mg/ml) and kept about 60 to 62 % of its antimicrobial activity against *B. cereus* and *S. aureus*, respectively, suggesting that the fatty acids of donkey milk has the majority of the antimicrobial effect (Figure 2). Similar results were reported that monoglycerides of fatty acids possessed the most potent antimicrobial activity against *S. aureus* [19]. It has been indicated that, donkey's native and digested milk have different effects against two pathogenic bacterial strains; *Escherichia coli* and *Listeria monocytogenes* [20]. Lysozyme concentration in donkey milk reaches to 4000 mg/l, whereas only traces were found in bovine milk [21]. Lysozyme is well known as an antibacterial protein. It catalyzes the hydrolysis of bacterial cell wall by cleavage of β -1, 4 linkages between N-acetylmuramic acid (NAM) and N-acetylglucosamine (NAG) of peptidoglycan in the bacterial cell wall and acts as a nonspecific innate immunity molecule against the invasion of bacterial pathogens [22]. The in vitro antimicrobial activity of lysozyme is directed against certain Gram-positive bacteria such as *Staphylococcus aureus*, *Micrococcus luteus*, *Bacillus stearothermophilus*, *Clostridium tyrobutyricum* [23], and to a lesser degree against Gram-negative bacteria [24].

Table 1. Gross composition of the different milk types.

Milk types	Moisture%	Fat%	Protein %	Lactose %	Ash %	pH
Cow	87.97	3.6	3.7	4.3	0.65	6.60
Buffalo	83.52	6.6	4.5	4.8	0.79	6.60
Goat	85.80	3.9	4.0	4.7	0.80	6.60
Sheep	81.80	7.2	5.6	4.6	0.82	6.60
Donkey	90.35	0.80	1.7	6.4	0.37	6.98

Table 2. In vitro antibacterial and antifungal activities of tested milk samples against some dermatophytes fungi and bacterial strains indicated by clear zone diameter (CZD, mm) and minimal lethal concentration (MLC, mg/mL) ^{a,b}

Animal milk tested (Average of 10 samples tested)	Pathogen Fungal strains tested				Bacterial strains tested							
	<i>C. albicans</i> DSM 2361		<i>T. mentagrophytes</i> AUMC 5505		<i>T. rubrum</i> AUMC 5488		<i>B. cereus</i> ATCC 6633		<i>S. aureus</i> ATCC 8095		<i>E. coli</i> ATCC 25922	
	CZD	MLC	CZD	MLC	CZD	MLC	CZD	MLC	CZD	MLC	CZD	MLC
Donkey (sample 1)	-	-	22	32	20	32	18	32	18	64	15	128
Donkey (sample 2)	-	-	17	32	19	32	20	32	19	64	13	128
Donkey (sample 3)	-	-	25	32	24	32	23	32	20	64	15	128

Animal milk tested (Average of 10 samples tested)	Pathogen Fungal strains tested						Bacterial strains tested					
	<i>C. albicans</i> DSM 2361		<i>T. mentagrophytes</i> AUMC 5505		<i>T. rubrum</i> AUMC 5488		<i>B. cereus</i> ATCC 6633		<i>S. aureus</i> ATCC 8095		<i>E. coli</i> ATCC 25922	
	CZD	MLC	CZD	MLC	CZD	MLC	CZD	MLC	CZD	MLC	CZD	MLC
Donkey (sample 4)	-	-	23	32	20	32	19	32	17	64	15	128
Donkey (sample 5)	-	-	19	32	20	32	20	32	18	64	14	128
Mixture of Donkey milk samples (untreated)	-	-	21	32	19	32	20	32	18	64	14	128
Mixture of Donkey milk samples (treated by pepsin)	-	-	21	32	19	32	12	32	11	64	13	128
Cow (10 mg)	-	-	-	-	-	-	-	-	-	-	-	-
Buffalo (10 mg)	-	-	-	-	-	-	-	-	-	-	-	-
Sheep (10 mg)	-	-	-	-	-	-	-	-	-	-	-	-
Antibiotics												
Mycosat (nystatin BP, 100 µg/mL)	22	nd	40	nd	37	nd	-	nd	-	nd	-	nd
Flucoral (fluconazole, 100 µg/mL)	27	nd	38	nd	34	nd	-	nd	-	nd	-	nd
Tetracycline (30 µg)	-	nd	-	nd	-	nd	26	nd	32	nd	34	nd
Chloramphenicol 30 µg)	-	nd	-	nd	-	nd	33	nd	28	nd	21	nd

^a Each value represents mean of three replicats. ^b Diameter of inhibition zone (mm) was measured as the clear area centered on the agar well containing the sample, nd; not determined

Table 3. Fatty acids profile of Donkey milk.

Fatty acid	Common name	Structural Formula	Percentage
C4:0	Butyric acid	CH ₃ (CH ₂) ₂ COOH	1.829
C6:0	Caproic acid	CH ₃ (CH ₂) ₄ COOH	1.068
C8:0	Caprylic acid	CH ₃ (CH ₂) ₆ COOH	1.608
C10:0	Capric acid	CH ₃ (CH ₂) ₈ COOH	3.000
C11:0	Undecylic acid	CH ₃ (CH ₂) ₉ COOH	0.440
C12:0	Lauric acid	CH ₃ (CH ₂) ₁₀ COOH	2.248
C13:0	Tridecylic acid	CH ₃ (CH ₂) ₁₁ COOH	0.310
C14:0	Myristic acid	CH ₃ (CH ₂) ₁₂ COOH	2.669
C15:0	Pentadecylic acid	CH ₃ (CH ₂) ₁₃ COOH	0.421
C16:0	Palmitic acid	CH ₃ (CH ₂) ₁₄ COOH	23.753
C16:1	Palmitoleic acid	CH ₃ (CH ₂) ₅ CH=CH(CH ₂) ₇ COOH	2.242
C17:0	Margaric acid	CH ₃ (CH ₂) ₁₅ COOH	0.459
C17:1	Heptadecenoic acid (cis-10)	C ₁₇ H ₃₂ O ₂	0.763
C18:0	Stearic acid	CH ₃ (CH ₂) ₁₆ COOH	3.259
C18:1t	elaidic acid	CH ₃ (CH ₂) ₇ CH=CH(CH ₂) ₇ COOH	0.819
C18:1c	oleic acid	CH ₃ (CH ₂) ₇ CH=CH(CH ₂) ₇ COOH	25.395
C18: 2ω6	Linolenic Acid	C ₁₈ H ₃₂ O ₂	20.040
C20:0	Arachidic acid	CH ₃ (CH ₂) ₁₈ COOH	3.581
C20:2	eicosadienoic acid	C ₂₀ H ₃₆ O ₂	0.852
C20:3	Dihomo-γ-linolenic acid	CH ₃ (CH ₂) ₄ CH=CHCH ₂ CH=CHCH ₂ CH=CH(CH ₂) ₆ COOH	0.307
C20:4	Arachidonic acid	CH ₃ (CH ₂) ₄ CH=CHCH ₂ CH=CHCH ₂ CH=CHCH ₂ CH=CH(CH ₂) ₃ COOH	0.616
C22:2	<u>Docosadienoic acid</u>	C ₂₂ H ₃₂ O ₂	0.423
C24:0	Lignoceric acid	CH ₃ (CH ₂) ₂₂ COOH	0.330

3.2. Fatty Acids Analysis of Donkey Milk

Fatty acids content of donkey milk (Table 3) were performed by using an Agilent 6890 GC mass spectrometry. The final results of GC/MS showed the separation of 23 compound FAME standard mixtures on the 60 m x 0.25 mm ID, 0.15 µm. The major saturated fatty acids (Table 3) were palmitic acid (C16:0), arachidic acid (C20:0), stearic acid

(C18:0), capric acid (C10:0), myristic acid (C14:0), lauric acid (C12:0) which were 23.75, 3.58, 3.26, 3.0, 2.67 and 2.25 %, respectively. While, the major unsaturated fatty acids were oleic acid (C18:1c), linolenic acid (C18:2ω6), and palmitoleic acid (C16:1) which were 25.4%, 20.04 and 2.24, respectively. It has been found that palmitic and palmitoleic acids represent 26.3 and 2.25% respectively [25]. Also it has been found that palmitic acid represents 18.33-22.37% [26].

The chemical composition of donkey milk revealed that the lipid fraction was characterized by high levels of linoleic (average 8.15 g·100 g⁻¹ of total fatty acids) and linolenic acid with an average 6.32 g·100 g⁻¹ of total fatty acids. The essential fatty acids (linoleic and linolenic acids) were the most represented components of the poly-unsaturated fatty acids class in donkey's milk [27] showing higher values than human milk and that of the other animal species. So, donkey's milk can be considered a functional food for human nutrition and its potential utilization for infant nutrition as well as adult diets, particular for the elderly [26], [36].

Fatty acids are widely occurring in natural fats and dietary oils and they are known to have antibacterial and antifungal properties. Fatty acid methyl ester extracts of *Excoecaria agallocha* have been reported to possess antibacterial and antifungal activities against *Bacillus subtilis*, *Staphylococcus aureus*, *Escherichia coli*, *Klebsiella pneumonia*, *Candida albicans*, *C. krusei*, *C. tropicalis*. This extract was rich in palmitic, luric acids and also contains myristic, stearic, pentadecanoic, heptadecanoic acids and lower amount of arachidic acid [28].

The antibacterial effect of fatty acids has been studied against 12 strains, which cause oral pathogens and they found that ω -3 PUSFAs and ω -6 PUSFAs showed an antibacterial effect against 11 of them [29]. Donkey milk fat contains 9.5% free fatty acids, while cow, sheep, goat and human milk fat have low levels of free fatty acids (0.7-1.5%) [30], [31]. Compared to ruminants, donkey milk fat contains a higher percentage of polyunsaturated fatty acids (PUFA) and a lower percentage of saturated fatty acids (SFA) and monounsaturated fatty acids (MUFA). In absolute values,

donkey milk contains on average 1.69 g/l PUFA, 5.46 g/l SFA and 1.96 g/l MUFA compared to respectively 5.78, 15.2 and 16.9 g/l in human milk and 1.31, 25.8 and 9.2 g/l in bovine milk [25]. The fatty acids of horse and donkey milk are mainly unsaturated or short-chained, which is interesting from a nutritional point of view. Horse and donkey milks have additionally higher levels of linoleic acid (n 6 C18: 2) and α -linolenic acid (n-3 C18: 3) than bovine milk (respectively 5 and 224 times more) [32]. The antifungal activities exhibited by linolenic, linoleic and oleic acids may be useful in controlling important plant pathogens [33].

It was indicated that C12 (lauric acid) is the most inhibitory saturated fatty acid against gram-positive organisms [34].

Although lysozyme is designated as the main antimicrobial agent in donkey milk owing to its high concentration some fatty acids which have already been determined in donkey milk could be important for overall antibacterial [35]. Long-chain polyunsaturated fatty acids are attracting attention as potential new topical treatments for Gram-positive infections due to their antimicrobial potency and anti-inflammatory properties. It has been found that *S. aureus* cells were killed within 15–30 min during exposure to the Long-chain polyunsaturated fatty acids [36], [37]. In addition it was demonstrated that fatty acid and monoglycerides with 8-12 carbons were more strongly antiviral and antibacterial when added to milk and infant formula than long chain monoglycerides [38]. Moreover it has been found that linoleic, lauric and oleic acid among the detected fatty acids in donkey milk have antibacterial activity against *Listeria monocytogenes* and *Staphylococcus aureus* [39].

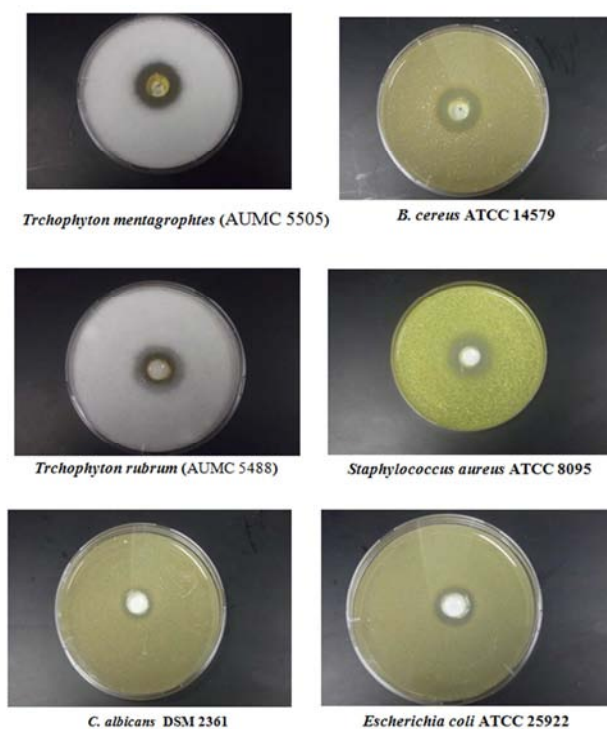


Figure 1. Antimicrobial activities of Donkey milk against some Dermatophytes fungi and Foodborne bacterial strains indicated by clear zone diameter (CZD, mm). All tests were conducted in triplicate.

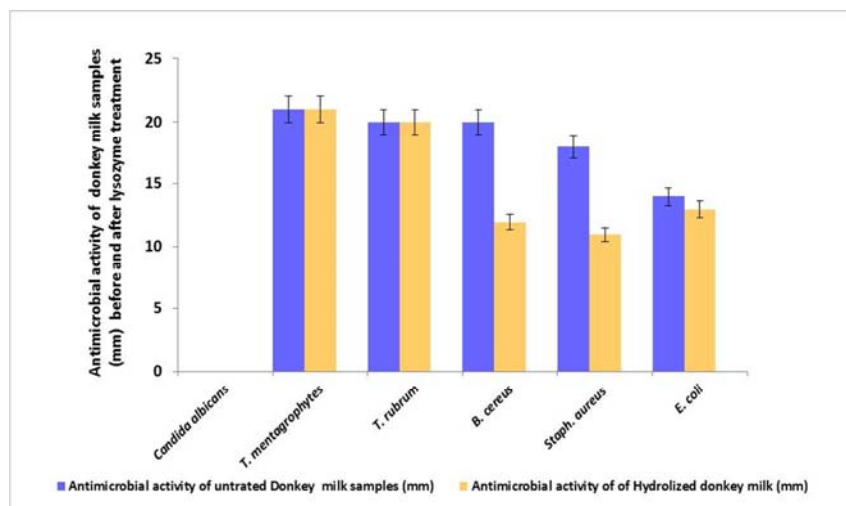


Figure 2. Antimicrobial activity of donkey milk samples (mm) before and after lysozyme treatment.

4. Conclusion

Finally, on the basis of results obtained in this study, the antimicrobial activity of donkey milk against *Staphylococcus aureus* and the dermatofungal fungus *Trichophyton rubrum* which frequently cause acute or chronic inflammatory tinea corporis; may be considered as a valuable natural product with novel functional properties in cosmetics and pharmaceutical industries.

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