

# Epidemiological, Clinical, Diagnostical and Histopathological Aspects of Medular Compressions of Metastatic Origin

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**Abstract:** *Background:* according to the World Health Organization (WHO) in 2019, cancer metastasis constitutes a fast proliferation of abnormal cells which spread to other organs. Bone is the third most targeted organ behind the lungs and the liver, and the most frequent bone's localizations are; the spine, pelvic bone and the ribs. Metastatic spinal compressions constitutes, a well-defined clinical entity of which the prevalence and incidence depends on the primitive tumor, *Objective:* To study the epidemiological, clinical, diagnosis and the histopathologic aspect of spinal cord metastatic compressions. *Patients and method:* It was a retrospective descriptive study over a period 10 years in the Douala General and Laquintinie Hospitals. We included in our study patients with slow spinal compression since January 1st 2010 to December 31st 2019. We included in our study, filled patients medical reports suffering of a primitive tumor which spread to the spine, with pathological and radiological evidence. *Results:* we recruited a total of 125 patients of which 68% were male and 32% female with a sex-ratio of 2.12, the mean age was  $55.8 \pm 15.397$ . The most frequent spine localization of metastasis was the lumbar region 57.1%. The spine pain was the main symptom seen in 98.4% associated to radicular nerve pain in 33.6%, sensibility and motor dysfunctions represented 94% and 92% respectively, and urinary dysfunction represented 44.8%. The diagnosis was essentially based on spine X-rays and was being realized in 64.8% of cases. Lytic lesions and bone condensation were the main abnormalities viewed with 22.4%. The second group of imaging was the CT-Scan and MRI done in 62.4%. The most represented primitive tumor was the prostate cancer 59 cases (47.25%) with adenocarcinoma as the main histological type 56 cases. Breast cancer came next with 32 cases (25.6%), invasive ductal carcinoma as the most represented histological type 26 cases (20.6%). The lung cancer came at the third position with 7 cases (10.4%) with the small cell carcinoma been the most represented histological type with 4.8%. *Conclusion:* spinal cord compression of metastatic origin is a frequent pathology in patients with osteophilic tumor, despite adequate measures, the prognosis remains unresolved. Emphasis should be placed on raising awareness of different early diagnostic measures.

**Keywords:** Spinal Metastasis, Spinal Cord Compression, Emergency

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## 1. Introduction

According to the World Health Organization (WHO) 2019, metastases are the detachment of cancer cells from a primary tumor that will swarm to another part of the body using lymphatic vessels or blood vessels [1]. Its locations are multiple and can occur on several organs. Bone is the

third most affected organ after the lung and liver [2]. The most frequent bony locations are: the spine, pelvis and ribs [2]. Spinal cord compression is any injury starting from the spinal or intraspinal cord compressing the spinal cord and gradually leading to loss of function [3].

Metastatic lesions of the spine are a very disabling entity, on the one hand because of the pain they induce and on the other hand because of the neurological deficit [4]. Worldwide, the incidence of metastases varies depending on the location of the primary cancer [5]. A study conducted in the United States by Domchek et al showed a rate of metastasis in the spine of 19.6% of the various primary cancers distributed as follows: breast cancer 8.4% myeloma 3.6% cancer of the prostate 2.4% and other 5.2% (lung cancer, kidney cancer, cervical cancer, etc.) [6]. The work done in Morocco by R. Karim et al showed that the average age of onset of spinal metastases was 46 years with a predominance of men; the primary tumor was bronchogenic cancer in men and breast carcinoma in women [7]. Clinically radicular pain is found at 94%, lumbar instability at 10%, numbness at 79%, retention problems and urinary incontinence at 61% [8]. Paraclinical diagnosis is currently facilitated by standard radiography and CT scan of the spine which could objectify bone lysis. Medullary MRI shows the impact on the marrow [9]. The definitive diagnosis is obtained by surgical biopsy after laminectomy or a fine needle aspiration [10]. According to the French Neurosurgery Society, the main treatment for spinal metastases is surgery. Radiotherapy and postoperative chemotherapy are used respectively if the primary tumor is radioactive and chemosensitive [11]. Spinal cord compression of metastatic origin is an oncological and neurosurgical emergency and is a common complication of cancer. Survival after the onset of malignant spinal metastases is reduced with the onset of motor and sensory neurological deficits, spinal cord ischemia with edema [4]. The scarcity of studies in Africa in general and in Cameroon in particular aroused our interest in this study with the aim of contributing to the management of spinal cord compression of metastatic origin in Cameroon.

## 2. Material and Methods

It was a descriptive study with retrospective data collection, carried out in the departments of surgery, oncology, neurology, anatomo-pathology, radiology, radiotherapy of the General and Laquintinie hospitals in Douala, over a period of 10 years (January 2010 - December 2019). We went to the archives of the centers where the patient files were stored. We selected the files of patients with slow spinal cord compression, from which we selected the charts of patients with metastatic spinal cord compression with pathological and radiological evidence. The variables collected were: age, sex, history (diabetes, hypertension, cancer and other chronic pathologies), characteristics of pain, motor deficits, sensory deficits, sphincter disorders, results of laboratory tests and radiological, histological types of primary tumors. The data collected were recorded and analyzed by the computer statistical software Epi Info version 3.5.4.

## 3. Results

### 3.1. Sociodemographic Data

#### 3.1.1. Age

As shown in figure 1, the age of the population varied between 12 and 84 years with an average of  $55.8 \pm 15.397$  years. The most represented age group in our series was between 62-72 years 36 cases (28.8%).

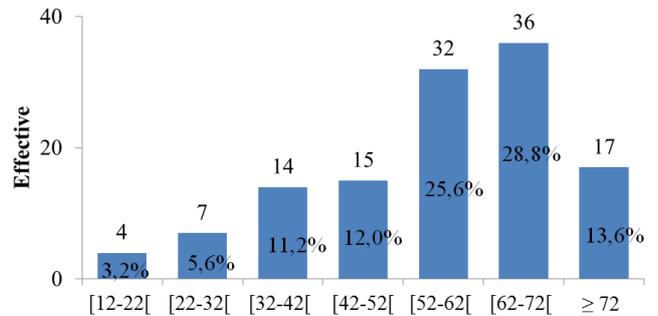


Figure 1. Distribution of patients according to age groups.

#### 3.1.2. Sex

A total of 85 (68.0%) were male and 40 (32.0%) were female, for an M / F sex ratio of 2.12.

### 3.2. Clinical Aspects

#### 3.2.1. History (Known Tumor Pathology)

The most represented cancer was that of the prostate 24 cases (19.2%) with adenocarcinoma as histological type, followed by breast cancer 12 cases (9.6%) with ductal carcinoma as histological type. (Table 1).

Table 1. History (known tumor pathology).

Tumor pathology	Effectif (N=125)	Pourcentage (%)
Prostate cancer	24	19.2
Adenocarcinoma	24	19.2
Breast cancer	12	9.6
Ductal carcinoma	12	9.6
Lung cancer	1	0.8
Small cell carcinoma	1	0.8
Thyroid cancer	1	0.8
Papillary carcinoma	1	0.8
Non-Hogkin lymphoma	1	0.8
Cancer of the cervix	1	0.8
Squamous cell carcinoma	1	0.8

#### 3.2.2. Evolution Period

In our study, 12 cases had an evolution period of less than one month (time between the discovery of cancer and the appearance of spinal metastasis), 23 cases (57.5%) 1 to 6 months, 20 cases between 6 and 12 months and 10 patients an evolution period beyond 12 months.

#### 3.2.3. Spinal Disorders

Spinal pain was found in 123 cases (98.4%); lumbar pain was represented in 89 cases (66.4%), chest pain in 38 cases (28.4%) and neck pain in 7 cases (5.2%) (table 2).

Spinal stiffness was present in 23 cases (18.4%) followed by damage to spinal statics found in 17 cases (13.6%).

**Table 2.** Distribution according to spinal disorders.

Spinal disorders	Effective	Percentage ((%)
Spinal pain		
Lumbar pain	89	66.4
Thoracic pain	38	28.4
Neck pain	7	5.2
Other spinal disorders		
Spinal stiffness	23	18.4
Kyphosis	7	5.6
Scoliosis	4	3.2
Lordosis	3	2.4
Spinal static damage	17	13.6

### 3.2.4. Lesion Syndrome

Radicular pain was encountered in 42 cases (33.6%) with sciatica in 30 cases (24%), cervico-brachial neuralgia in 5 cases (4%), cruralgia in 5 cases (4%) and neuralgia intercostal in 2 cases (1.6%) (table 3)

**Table 3.** Distribution of patients according to other types of disorders.

Disorders	Effective (N=125)	Percentage (%)
Root pain		
Sciatica	30	24.0
Cervico-brachial neuralgia	5	4.0
Intercostal neuralgia	2	1.6
Cruralgia	5	4.0
Sub-lesion syndrome		
Paresthesia	69	59.0
Hypoesthesia	38	32.0
Anesthesia	8	6.4
Hypesthesia	2	1.6
Motor disorders		
Paraparesis	51	40.8
Paraplegia	48	38.4
Hemiplegia	5	4.0
Hemiparesis	-	-
Monoplegia	4	3.2
Monoparesis	-	-
Tetraparesis	1	0.8
Tetraplegia	6	4.8
Reflex disorders		
Abolished osteotendinous reflex	40	32.0
Babinski sign	17	13.6
Abolished cutaneous-abdominal reflex	4	3.2
Sphincter disorders		
Sphincter disorders	56	44.8
Urinary incontinence	51	40.8
Retention disorders	5	4.0

Sensory disorders were found in 117 cases (93.6%), more marked by paresthesia in 69 cases (59.0%), hypoesthesia in 38 cases (32.0%), anesthesia in 8 cases (6, 4%) and hyperesthesia in 2 cases (1.6%).

Motor disorders were found in 115 cases (92%) marked by paraparesis in 51 cases (40.8%), paraplegia in 48 cases (38.4%) and quadriplegia in 6 cases (4.8%).

In our study, abolished osteotendinous reflexes were found in 40 cases (32%), Babinski's sign was found in 17 cases (13.6%) and the cutaneous-abdominal reflex was abolished in 4 cases (3.2%).

Sphincter disorders were found in 56 cases (44.8%) more marked by urinary incontinence in 51 cases (40.8%) followed by retention disorders in 5 cases (4.0%) (Table 3)

### 3.3. Paraclinical Data

#### 3.3.1. Data from Standard Radiography, CT Scan and MRI of the Spine

As shown in table 4, radiography was performed in 81 cases (64.8%); the images showed that lytic lesions were represented in 28 cases (22.4%) located mainly on the lumbar vertebrae in 15 cases (12%), followed by osteocondensation lesions 28 cases (22.4%) predominant on the lumbar vertebrae 18 cases (14.4%).

CT and MRI were performed in 115 cases (92%) and the radiological image the most found was bone lysis in 44 cases (32%) with localization in the lumbar spine 26 cases (20.8%)

**Table 4.** Lesions according to X-ray, CT scan and MRI.

Radiological lesions	Cervical spine		Dorsal spine		Lumbar spine	
	n	%	n	%	n	%
X-ray						
Bone lysis	1	0,8	12	9,6	15	12
Osteocondensation	2	1,6	8	6,4	18	14,4
Vertebral compaction	1	0,8	6	4,8	13	10,4
Mixed	1	0,8	1	0,8	3	2,4
CT scan / MRI						
Compressions	2	1,6	15	12	22	17,6
Bone lysis	4	3,2	14	11,2	26	20,8
Osteocondensation	1	0,8	7	5,6	14	11,2
Vertebral compaction	1	0,8	17	13,6	19	15,2
Epiduritis	0	0	2	1,6	3	2,4
Mixed	1	0,8	3	2,4	4	3,2

#### 3.3.2. Bone Scintigraphy

In our series, bone scintigraphy was found in 18 files (14.4%); the lesion found was localized hyperfixation in the lumbar spine in 13 cases (10.4%) followed by the dorsal spine in 4 cases (3.2%).

#### 3.3.3. Location of Spinal Metastases

In our series, the vertebral location of spinal metastases the most found was lumbar 88 cases (57.1%) followed by thoracic location 58 cases (37.7%) and finally the cervical spine with 8 cases (3.2%)

#### 3.3.4. Chest x-ray, Abdominal Ultrasound and Thoraco-Abdomino-pelvic Scanner Data

Table 5 shows that, the chest x-ray was normal in 7 cases (5.6%) and abnormal in 21 cases (16.8%); Opacities were found in 6 cases (4.8%), pleural effusions in 6 cases (4.8%), micronodules in 5 cases (4.0%), balloon release (0.8%), non-quantifiable enlargement (0.8%), atelectasis band (0.8%) and posterior arch lysis (0.8%).

We found 7 cases (5.6%) of homogeneous hepatomegaly, 2 cases (2.4%) of secondary hepatic localizations, 2 cases (1.6%) of splenomegaly, 2 cases (1.6%) lymph node involvement and 104 cases (83.2%) of normal ultrasound.

In total, 86 cases (68.8%) of thoraco-abdomino-pelvic CT

scans are normal against 39 cases (31.2%) abnormal including lung lesions in 14 cases (11.2%), bone metastases in 9 cases (7.2%), pelvic metastases in 6 cases (4.8%), liver metastases in 5 cases (4.0%), lymph node metastases in 3 cases (2.4%) and peritoneal metastases in 2 cases (1.6%).

**Table 5.** Results from chest X-ray, abdominal ultrasound and thoraco-abdomino-pelvic scanner.

Variable	Effective (N=125)	Percentage (%)
Chest x-ray		
Normal	7	5.6
Abnormal	21	16.8
Opacity	6	4.8
Pleural effusion	6	4.8
Micronodule	5	4.0
Balloon release	1	0.8
Non-quantifiable enlargement	1	0.8
Electasia band	1	0.8
Lysis of the posterior arch	1	0.8
Abdominal ultrasound		
Normal	104	83.2
Abnormal	14	11.2
Homogeneous hepatomegaly	7	5.6
Secondary hepatic location	2	1.6
Splenomegaly	2	1.6
Lymph node involvement	2	1.6
Liver metastasis	1	0.8
Thoraco-abdomino-pelvic scanner		
Normal	86	68.8
Abnormal	39	31.2
Secondary lung injury	14	11.2
Bone metastasis	9	7.2
Pelvic metastasis	6	4.8
Liver metastasis	5	4.0
Lymph node metastasis	3	2.4
Peritoneal metastasis	2	1.6

### 3.3.5. Other Locations of Metastases

As shown in table 6, among the other metastatic locations, bone metastases (ribs, sternum, collarbones and iliac bone) were the most represented location with 28 cases (22.4%), pulmonary locations 19 cases (15.2%), hepatic locations 10 cases (8.0%), cerebral locations 5 cases (4.0%), lymph node locations 3 cases (2.4%), peritoneal locations 2 cases (1.6%), bladder locations 2 cases (1.6%) and finally the locations of the spleen and pelvis represented with one case respectively for a percentage of 0.8 each

**Table 6.** Distribution according to others locations of metastasis.

Others locations of metastases	Effective (N=125)	Percentage (%)
Costal	14	11.2
Hipbone	8	6.4
Clavicle	2	1.6
Sternum	4	3.2
Lungs	19	15.2
Liver	10	8.0
Brain	5	4.0
Ganglia	3	2.4
Peritoneum	2	1.6
Bladder	2	1.6
Spleen	1	0.8
Pelvis	1	0.8

### 3.3.6. Biological Data

In our series 94 cases (76.4%) had a normal white blood cell count against 29 abnormal cases (23.6%); 81 cases (65.9%) had normal hemoglobin levels compared to 42 cases (34.1%). 60 cases (92.3%) had an abnormal PSA level and 5 cases (7.7%) had a normal level. 112 cases (89.6%) had an abnormal calcium level compared to 13 normal cases (10.4%). 8 cases (57.1%) had normal SV against 6 cases (42.9%) abnormal, 17 cases (85.0%) had abnormal CRP against 3 cases (15.0%) normal. 2 cases (100%) had a normal CA19.9 level (table 7)

**Table 7.** Effective according to biological assessment data.

Biological data	Effective	Percentage (%)	
WBC (123)	Normal (4-10)	94	76.4
	Abnormal	29	23.6
Hb (123)	Normal (9-14)	81	65.9
	Abnormal	42	34.1
PSA (65)	Normal (< 6)	5	7.7
	Abnormal	60	92.3
Calcemia (125)	Normal (95-100)	13	10.4
	Abnormal	112	89.6
SR (14)	Normal (70/24h)	8	57.1
	Abnormal	6	42.9
CRP (20)	Normal (< 6)	3	15.0
	Abnormal	17	85.0
CA19-9 (2)	Normal (<32)	2	100.0
	Abnormal	0	0.0

SR: Sedimentation Rate

### 3.3.7. Certainty Diagnosis

We found 125 files (100%) in which the patients had performed a post-laminectomy biopsy.

### 3.3.8. Histological Types (Primary Cancers)

The most common primary cancer was prostate cancer in 54 cases (43.2%) with adenocarcinoma as the most common histological type in 52 cases (41.6%), which had the lumbar spine as the site of preferential metastasis in 41 cases of metastases (26.65%). Breast cancer was the second most common primary tumor in 29 cases (23.2%); ductal carcinoma was its main histological type in 24 cases (19.2%) and lumbar spine in 18 cases (17.6%) its preferred site of metastasis (table 8).

## 4. Discussion

The mean age of the population was  $55.8 \pm 15.397$  years with extremes of 12 and 84 years. These results are similar to those of Y. Matsuyama et al in Japan, Marc C. Chamberlain in California, and Djiencheu et al in Cameroon who found an average age of 52 years, 41.3 years, and 42.5 years

respectively. with respective extremes of 26 years and 77 years, 11 and 70 years, 06 and 75 years [12-14]. This can be explained by the fact that cancers grow in an insidious way.

**Table 8.** Primary cancers and their histological types depending on the location of the spinal metastases.

Cancers and histological types	Cervical spine		Dorsal spine		Lumbar spine	
	n	%	n	%	n	%
Lung cancer	1	0.65	4	2.6	4	2.6
Small cell cancer	1	0.65	3	1.95	3	1.95
Neuroendocrine carcinoma	-	-	1	0.65	1	0.65
Prostate cancer	3	1.95	17	11.05	41	26.65
Adenocarcinoma	3	1.95	16	10.4	38	24.7
Neuroendocrine carcinoma	-	-	1	0.65	1	0.65
Kidney cancer	-	-	1	0.65	3	1.95
Clear cell carcinoma	-	-	1	0.65	2	1.3
Nephroblastoma	-	-	-	-	1	0.65
Breast cancer	1	0.65	13	8.45	18	11.7
Ductal carcinoma	1	0.65	11	7.15	14	9.1
Lobular carcinoma	-	-	2	1.3	3	1.95
Thyroid cancer	1	0.65	2	1.3	2	1.3
Papillary carcinoma	1	0.65	1	0.65	1	0.65
Vesicular carcinoma	-	-	1	0.65	1	0.65
Cervical cancer	-	-	4	2.6	3	1.95
Squamous cell carcinoma	-	-	1	0.65	3	1.95
Non-Hodgkin lymphoma	1	0.65	3	1.95	4	2.6
Nasopharyngeal cancer	-	-	3	1.95	2	1.3
Digestive cancer	-	-	3	1.95	3	1.95
NSC of the groin	-	-	1	0.65	1	0.65
Left anterior mediastinal neuroendocrine tumor	-	-	-	-	1	0.65
No primitive tumor	1	0.65	6	3.9	5	3.25

NSC-Non-Small carcinoma.

Our sample had more men 68.0% than women 32.0% for a sex ratio M / F of 2.12. These results are similar to those given by Y. Matsuyama *et al* in Japan in 2009, Kone *et al* in Mali and Djencheu *et al* in Cameroon who had respectively found more men 56%, 68.75%, 64% with the sex ratio respective M / F of 1.26; 2.2; 1.80 [12, 14, 15]. This may be partly explained by the prevalence of prostate and lung cancer in men.

Spinal pain reflects the suffering of the osteo-disc-ligamentous elements of the spinal canal, segmental stiffness of the spine easier to demonstrate in the cervical and lumbar areas which are normally more mobile than the dorsal region and pain caused by the pressure of the processes in spinous and paravertebral muscles. These signs constitute the spinal syndrome which is more frequent in lesions of the spine but which may accompany a juxta or even intramedullary tumor. In our series spinal pain was presented in 123 cases (98.4%) with lumbar pain in 89 cases (66.4%) chest pain in 38 cases (28.4%) and neck pain in 7 cases (5.2%). These results are similar to those of Zeleli *et al* in the United States in 2007, Kone *et al* in Mali, and Ismael *et al* in Morocco who found spinal pain in 60%, 75%, 85.6%, respectively [15-17]. This can be explained by the fact that back pain is one of the telltale signs of spinal cord compressions.

Radicular pain is fixed, tenacious and unilateral at the beginning of metameric radicular topography, of variable

intensity, often nocturnal or with nocturnal recrudescence. The radicular syndrome will be clearer in the cervical region where the radicular territory is well individualized and better explored, whereas in the thoracic region it can be reduced clinically to intercostal pain in the hemi-girdle [18]. Radicular pain was represented in 42 cases (33.6%) with sciatica in 30 cases (73%) cervico-brachial neuralgia in 5 cases (12%) cruralgia in 5 cases (12%) and intercostal neuralgia in 2 cases (1.6%). These results are similar to those of Younes *et al* in Morocco in 2016 and Alkadi *et al* in Algeria in 2017 who found respectively that radicular pain was represented in 32% and 30% broken down respectively as follows: sciatica in 66.7% and 66.6% cervicobrachial neuralgia in 18.3% and 16.66% cruralgia in 8.3% and 16.66% intercostal neuralgia in 6.7% and 0% [17, 19]. This pain is often poorly described and reflects the suffering of the directly compressed metamer and is therefore capital because it readily allows locate the level to be explored radiologically.

Often delayed in relation to motor signs, are of great importance for the diagnosis of spinal cord compressions. In our series, sensory disorders were represented in 117 cases (93.6%), more marked by paresthesia in 61 cases (53.0%), numbness in 38 cases (33.0%) and anesthesia in 18 cases (15.7%). These results are not similar to those of Djencheu in Yaounde (Cameroon) in 2007 and Kone *et al* in Mali, who found sensory disorders respectively in 59.7% and 56.6% of cases [14, 15]; this can be explained by the fact that the patients recruited had already undergone slow spinal compressions. Moreover, Diomande *et al* in Côte d'Ivoire in 2015 on slow spinal cord compressions found similar results with sensory disorders reported in 78.5% of cases [20]. These disorders are essentially subjective; data from the literature show that these signs are reported in 20.5 to 50%.

Motor disorders were represented in 92% of cases marked by paraparesis 61 cases (48.8%), paraplegia 48 cases (38.4%) and quadriplegia 6 cases (4.8%). Several studies had found similar results, in particular Djencheu *et al* in Cameroon in 2007 who found motor disorders in 89.6%, marked by paraparesis in 60% of cases, paraplegia in 31.7% of cases, tetraparesis in 6.7% of cases and quadriplegia in 1.7% of cases. Diomandé *et al* at the CHU de Cocody in Abidjan in 2015 on slow spinal cord compressions found motor disorders at 98.3% [14, 20]. Younes *et al* in Morocco in 2016 on the management of spinal cord compressions of tumor origin found that motor disorders were present at 92% [17]. They determine the urgency of the treatment because they mark the degree of compression of the spinal cord and they represent one of the first causes of consultation in neurosurgery in the event of spinal cord compression.

Sphincter disorders were represented in 56 cases (44.8%), more marked by urinary incontinence in 51 cases (40.8%) and retention disorders in 5 cases (4.0%). Studies carried out by Djencheu *et al* in Cameroon in 2007 and Diomande in Côte d'Ivoire in 2015 found similar results with respective sphincter disorders of 53% and 40.5% [14, 20]. In 2013, a study conducted by Kassegne *et al* in Togo on slow spinal cord compressions found sphincter disorders in 67% [21];

this difference can be explained by the fact that the patients presented to the hospital in advanced stages of their pathologies. Relatively late sphincter disorders are limited for a long time to delayed urination, urgent and frequent urges to urinate and later retention with incontinence [22].

While plain front and lateral radiographs of the spine are still performed as a clearing up examination for spinal pain syndrome, this examination very often remains negative at the onset of a bone tumor, benign or malignant. It is in fact known that a reduction of at least 50% of the calcium load within a bone tissue is necessary for there to be a translation on conventional radiography. In our series, radiology was performed in 64.8% of cases, the images showed that lytic lesions were represented in 28 cases (22.4%), osteocondensation lesions in 28 cases (22.4%), vertebral compression in 20 cases (16.0%) and mixed lesions in 5 cases (4.0%). These results are similar to those of Younes et al in Morocco in 2016 on the management of tumor spinal cord compressions in which the radiology was performed at 87% with osteolytic images at 22%, vertebral compression at 15.8% and osteocondensation at 6% [17]. A study conducted by Alkadi et al in Algeria in 2017 on vertebral metastases found discordant results with a completion rate of 40%; the most prominent pathological aspect was 50% vertebral compression followed by 40% bone lysis [19]. This can be explained by the fact that the x-ray, not being a standard examination for the diagnosis of spinal compressions, was less performed.

CT and MRI of the spine were performed in 115 cases (92%), with bone lysis in 44 cases (32%), compression in 39 cases (31.2%) and vertebral compression in radiological images. 29 cases (23.2%); the site of the lesion was found in 100% of cases. These results are in disagreement with those of Djencheu et al in 2007 in Yaounde (Cameroon) on slow spinal cord compressions of tumor and pseudotumoral origin in which the diagnostic exploration of choice was the myeloscanner 47.8% [14]. This could be explained by the unavailability of MRI. These results are similar to those of Younes et al in Morocco who found the site of compression in 100% of patients with osteolysis followed by an intracanal process as the main radiological image [17]. This can be explained by the fact that these examinations are standard for the diagnosis of spinal cord compression and always confirm the lesion topography

In our series, the most represented vertebral metastasis location was lumbar with 88 cases (57.1%), followed by thoracic location in 58 cases (37.7%) and cervical location in 8 cases (5.2%). On the other hand, studies carried out in Cameroon (Yaounde) in 2007 by Djencheu et al and in Morocco in 2016 by Younes et al found a rate of dorsal metastases at 55% and 52%, lumbar 30%, cervical 15% [14, 17]; this can be explained by the fact that their samples were smaller than ours. These results are similar with a study conducted by Alkadi et al in Algeria in 2017 on vertebral metastases, finding a rate of lumbar metastases of 50% and a rate of thoracic metastases of 40% [19]. This can be explained by the fact that the spine is a highly vascularized

region rich in growth factor.

The chest x-ray has an important place in tumor pathology because it is necessary as part of an extension workup which is often for diagnostic purposes since the lung is the first target organ for metastasis. This examination is also performed in the pre-radiotherapy assessment. The chest x-ray was normal in 7 cases (5.6%) and abnormal in 21 cases (16.8%) and opacities were found in 6 cases (4.8%), pleural effusions in 6 cases (4, 8%), micronodules in 5 cases (4.0%), balloon release (0.8%), non-quantifiable enlargement (0.8%), atelectasis band (0.8%), posterior arch lysis (0.8%). These results are similar to those of Younes et al in Morocco in 2016 and Alkadi et al in Algeria in 2017 who found respectively similar results with abnormal radiological image in 29 cases (15.4%) and 18 cases (20%) [17, 19]. This can be explained by the fact that the chest x-ray is often replaced by the thoraco-abdomino-pelvic scanner.

Abdominal ultrasound has a key place in cancer disease with several advantages because it is inexpensive and accessible; it makes it possible to make the diagnosis of digestive metastases in occurrence hepatic metastases and peritoneal carcinomas. This examination is also used in the pre-radiotherapy assessment. In our series we had a completion rate of 94.4% with 11.2% of images which were pathological, namely 7 cases (5.6%) of homogeneous hepatomegalies, 3 cases (2.4%) of secondary hepatic locations, 2 cases (1.6%) of splenomegaly, 2 cases (1.6%) of lymph node involvement and 104 cases (83.2%) of normal ultrasound. These results are similar to those of Younes et al in Morocco in 2016 on the management of spinal cord compressions of tumor origin who found 18% pathological image with secondary hepatic localizations and lymph node involvement [17]. On the other hand, these results are not similar to those of Alkadi et al in Algeria in 2017 on vertebral metastases which found that pathological images represented 30% of their number consisting only of liver metastases; this can be explained by the fact that their sample was lower than ours [19].

The thoraco-abdomino-pelvic scanner makes it possible to optimize the thoraco-abdomino-pelvic exploration in the search for secondary and lymph node lesions. The thoraco-abdomino-pelvic scanner is essential in the study of cancerous disease. In our series 86 cases (68.8%) of thoraco-abdomino-pelvic CT scans are normal against 39 cases (31.2%) abnormal among which pulmonary lesions 14 cases (11.2%), bone metastases 9 cases (7.2%), pelvic metastases 6 cases (4.8%), liver metastases 5 cases (4.0%), lymph node metastases 3 cases (2.4%), peritoneal metastases 2 cases (1, 6%). These results are similar to those of Alkadi et al in Algeria in 2017 on vertebral metastases in which we had a 100% achievement rate with 30% pathological images (pulmonary metastases, hepatic metastases, tumor processes of the prostate, supra and sub diaphragmatic lymphadenopathy with multiple bone lesions) [19]. This can be explained by the fact that this examination is essential for an extension assessment.

The most common primary cancer was prostate cancer in

54 cases (43.2%), with adenocarcinoma as the most common histological type in 52 cases (41.6%), followed by breast cancer in 29 cases (23, 2%) with ductal carcinoma as the most frequent histological type in 24 cases (19.2%). These results are similar to several studies including Sidarnet et al in the United States, Younes et al in Morocco, Djiencheu et al in Cameroon which had found that prostate cancer and metastasized the highest level of the spine [14, 17, 23]. This can be explained by the fact that breast cancer is the most common cancer in women and prostate cancer the most common in men.

## 5. Conclusion

Spinal cord compressions of metastatic origin are frequent affections in oncology developing in elderly subjects with a predominance of men. The most common clinical signs are spinal pain, radicular pain, sensory disturbances, motor disturbances and sphincter disturbances. The most common metastatic location was lumbar followed by thoracic location. MRI and CT scans of the spine are the standard examinations because they allow the lesion topography to be determined. The most frequently found primary cancers are prostate cancer with adenocarcinoma as the main histological type, followed by breast cancer with ductal carcinoma as the main histological type.

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