

# Phytochemical, Nutritional and Antimicrobial Screening of Hexane, Ethyl Acetate and Ethanolic Extracts of *Boswellia Dalzielii* Leaves and Bark

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**Abstract:** The objective of the study was to determine the medicinal values of *Boswellia dalzielii* plant by carrying out the proximate analysis, antimicrobial screening and phytochemical constituents of hexane, ethyl acetate and ethanolic extracts of the leaves and bark of the plant. Standard methods were used for the proximate and phytochemical screenings. Well diffusion method was applied for the antimicrobial screening of the extracts. The proximate analysis of the leaves shows; moisture 12.24%, ash 7.43%, crude fibre 32.85%, crude lipids 20.41%, crude protein 1.00% and carbohydrate 26.07% and that of the bark shows; moisture 8.51%, ash 14.23%, crude fibre 42.86%, crude lipid 14.23%, crude protein 0.40% and carbohydrate 19.56%. The phytochemical screening of the leaves indicated the presence of tannins, cardiac glycosides, flavonoids, terpenoids, alkaloids and balsams while that of the bark indicated the presence of steroids, glycosides, alkaloids, terpenoids, flavonoids, and saponins. The antimicrobial screening of the leaves and bark extracts shows that they were active against *Escherichia coli*, *Klebsiella pneumonia*, *Pseudomonas aeruginosa* and *Staphylococcus aureus*.

**Keywords:** *Boswellia Dalzielii*, Well Diffusion, Proximate Analysis, Crude Protein, Cardiac Glycoside, *Escherichia Coli*

## 1. Introduction

In Africa and across the United States of America, herbal medicines represent the fastest growing segment of pharmacy trade, surely the cost of modern clinical medicines cannot be over looked, so most people consider other alternative form of medicines. Most herbal medicines are less expensive than prescription drugs [1]. Nature has been the source of medicine for thousands of years in the maintenance of human health since ancient time [2]. Over 50% of all modern clinical drugs are of natural product origin [3].

*Boswellia dalzielii* is a tree that belongs to the family of *Burseraceae*, from the genus of *Boswellia* and species of *B. dalzielii*. It is about 13m high of the wooden savanna with a pale papery bark peeling and ragged characteristic. It is abundantly found in West Africa in countries such as Ghana, Niger, Ivory Coast, Upper Volta and Northern part of Nigeria, where the Hausa speaking people of Nigeria call it "Hano" or

"Ararrabi". The plant is popular in the Northern part of Nigeria due to its ethno medicinal importance. The extract from the leaves is used for the treatment of diarrhea in poultry. Both the root and the bark are used as an antidote for arrow poison. For example the root decoction of *B. dalzielii* and that of *Daniella oliveri* is used for wound healing [4]. The bark is eaten to induce vomiting and relieve symptoms of giddiness and palpitations. The bark contains a whitish exudate which secretes a fragrant that is burned to fumigate cloths and also act as deodorant for driving flies and mosquitoes from room [4]. The bark decoction is used as an antiseptic wash for sores in Ivory Coast and as an ingredient of a complicated prescription for leprosy. The bark is used in large quantity to make a wash of fever and rheumatism while it is also taken internally for gastro-intestinal troubles [5 - 7]. The aqueous extract of the stem bark produced an anti-ulcer activity and the oil from the leaves was found to exhibit significant activity against *S. aureus*, *B. subtilis* and *C. albican* [8].

This work was aimed at carrying out the proximate, phytochemical and antimicrobial studies of the extracts of *Boswellia dalzielii* leaves and bark.

## 2. Materials and Methods

### 2.1. Collection and Identification of Plant

The plant was collected from Gudun Hausawa in Bauchi Local Government Area of Bauchi State, Nigeria in April 2014. The plant was identified and authenticated at Sheda Science and Technology Complex, Abuja, Nigeria.

### 2.2. Preparation of Extracts

The leaves and bark of the plant were air dried under shade for 6 weeks and powdered using wooden mortar and pestle. 120g each of the powdered leaves and bark were taken and packed into a separate soxhlet extractor (each extractor for the leaves and bark respectively) and then extracted exhaustively with hexane first, followed by ethyl acetate and ethanol respectively for both the leaves and the bark. Each of the extract collected was concentrated using rotatory evaporator and then transferred to a water bath in order to evaporate the solvent. The concentrated extracts were transferred into a separate container corresponding to the solvent used, tightly covered and kept for further studies. The remaining powdered samples were used for the proximate analysis.

### 2.3. Proximate Analysis

The proximate evaluation for the moisture, ash, crude fibre, crude lipid, crude protein and carbohydrates was done using standard method [9- 11].

### 2.4. Phytochemical Screening

The qualitative screening for the presence of plant chemical constituents of *Boswellia dalzielii* was carried out on the extracts using standard procedure [12 - 14].

### 2.5. Antimicrobial Screening

The antimicrobial screening of the plant extracts was determined by using well diffusion method. Pure cultures of four bacteria (*Escherichia coli*, *Klebsiella pneumonia*, *Pseudomonas aeruginosa* and *Staphylococcus aureus*) were obtained from the microbiology laboratory, University of Abuja Teaching Hospital, Abuja, Nigeria.

Plates were prepared by pouring sterile Muller Hinton agar into sterile petri dishes that was previously autoclaved. Sterilized cotton swabs were dipped into the bacteria culture in nutrient bath and then swabbed on the agar plates. Wells of equal sizes were cut with proper graps in the medium and the extracts were added into it. The plates were incubated at 37°C for 24 hours. The standard drug used was streptomycin. At the end of the incubation period, inhibition zones were measured in millimeter. This study was carried out in triplicates.

### 2.6. Statistical Analysis

The experiments were carried out in triplicates and the results were expressed as mean  $\pm$  standard deviation.

## 3. Results and Discussion

### 3.1. Phytochemical Screening

The phytochemical screening of the leaves showed the presence of tannins, cardiac glycosides, flavonoids, terpenoids, alkaloids and balsams while that of the bark indicates the presence of steroids, glycosides, alkaloids, terpenoids, carbohydrates, flavonoids and saponins. It was reported that medicinal plants may contain many kinds of chemical components and their biological activities are not due to a single moiety [5]. The presence of these constituents gives an indication of the medicinal values of the leaves and the stem bark. Tannins are organic substances that produce astringent properties that hasten the healing of wounds and inflamed mucus membrane. Tannins also have the ability to decrease bacteria cell, proliferation by blocking key enzymes of microbial metabolism. Flavonoids have been found to possess antimicrobial properties [15], antioxidant [16] and anti-tumour [17, 18] effect, which are associated with free radical scavenging action. Alkaloids have physiological effect especially on the nervous system [19]. Cardiac glycosides stimulate the heart in case of heart failure [20]. The presence of these constituents in the leaves and bark of *Boswellia dalzielii* suggests that the plant is pharmacologically active, thus supporting the claims by traditional healers.

**Table 1:** The phytochemical screening of the hexane, ethyl acetate and ethanol extracts of the leaves and bark of *Boswellia dalzielii*.

	Leaves extracts		Bark extracts
Chemical constituents	Hexane	Ethyl acetate Ethanol	Hexane Ethyl acetate Ethanol
Tannins	+	- +	- - +
Steroids	- - +		+ - +
Triterpenoid	- + -		- + -
Glycosides	- - -		- + +
Phenols	- - -		- - -
Alkaloids	+	+	+
Terpenoids	+	- +	+ - +
Carbohydrates	- - -		- - +
Flavonoids	- - +		+ - +
Cardiac glycosides	+	+	+
Resins	- - -		- - -
Balsams	- - +		- - +
Saponin	- - -		- - +

### 3.2. Proximate Analysis

The proximate evaluation conducted on the powdered leaves and bark of *Boswellia dalzielii* revealed that the ash content of the bark is higher than that of the leaves, therefore the bark contains more inorganic constituents than the leaves. The result also showed that the crude lipid and the crude protein content of the leaves was higher than that of the bark which indicated that the leaves contain more calories constituent than the bark. The crude fibre content of the bark was higher than that of the leaves, therefore it may provide higher protection against gastrointestinal disease than the leaves. Looking also at the result, it showed that carbohydrate content of the leaves which, is an important source of energy is higher than that of the bark.

**Table 2:** The proximate analysis of the leaves and stem bark of *Boswellia dalzielii*.

Parameter	Values (%) (n=3)	
	Leaves	Bark
Moisture	12.24±0.09	8.51±0.23
Ash	7.42±0.14	14.23±0.19
Crude fibre	32.85±0.42	42.86±0.41
Crude lipid	20.41±0.53	14.42±0.11
Crude protein	1.00±0.40	0.40±0.05
carbohydrate	26.07±0.54	19.56±0.10

### 3.3. Antimicrobial Activities

Antimicrobial properties of medicinal plants are being studied in various part of the world. The World Health Organization estimated that plant extracts or their active constituents are used as folk medicine in traditional therapies of 80% of the world population. In this work, most especially the ethyl acetate and ethanol extracts of both the leaves and bark show activity against the test organisms. The result shows that the ethyl acetate and ethanol extracts of both the leaves and bark of *Boswellia dalzielii* were found to be more active against the test organisms than that of the hexane extract. The results also showed that the activity of the test organisms in both ethyl acetate and ethanol extracts showed significant antimicrobial activities at higher concentration most especially in *Escherichia coli* and *Klebsiella pneumonia* test organisms. It was also seen that the ethyl acetate and ethanol extracts of the leaves were more active against the test organisms at higher concentration than that of the bark. The higher antimicrobial activity in the ethyl acetate and ethanol extracts of both the leaves and bark may be due to the presence of chemical constituents such as tannins, flavonoid, steroids and terpenoids. These medicinal bioactive components exert antimicrobial activity through different mechanisms. Steroids are known for their antibacterial activity especially associated with membrane lipids and causes leakage from liposomes. Flavonoids which have been found to be an effective antimicrobial

substance against microorganisms. Tannins causes inhibition in cell wall synthesis by forming irreversible complexes with proline rich protein. Terpenoids are responsible for dissolution of the cell wall of micro-organism by weakening the membranous tissues.

**Table 3:** The antimicrobial activity of the extracts of leaves and bark of *Boswellia dalzielii*.

(a)Ethyl acetate extract of the leaves

Test organisms	500mg/ml	250mg/ml	125mg/ml	+ve	-ve
<i>Escherichia coli</i>	21.0±0.0	16.0±0.0	11.5±0.5	28.0±0.0	NA
<i>Klebsiella pneumonia</i>	23.6±0.0	20.0±0.0	16.5±0.5	30.0±0.0	NA
<i>Pseudomonas aeruginosa</i>	17.5±0.5	11.0±0.0	9.5±0.5	28.0±0.0	NA
<i>Staphylococcus aureus</i>	25.5±0.5	20.0±0.0	15.5±0.5	32.0±0.0	NA

(b)Ethyl acetate extract of the bark

Test organisms	500mg/ml	250mg/ml	125mg/ml	+ve	-ve
<i>Escherichia coli</i>	20.0±0.0	20.0±0.0	8.5±0.5	28.0±0.0	NA
<i>Klebsiella pneumonia</i>	21.0±0.0	19.0±0.0	14.0±0.0	30.5±0.0	NA
<i>Pseudomonas aeruginosa</i>	15.5±0.5	13.0±0.0	10.5±0.5	30.0±0.0	NA
<i>Staphylococcus aureus</i>	21.0±0.0	20.5±0.0	19.0±0.0	31.0±0.0	NA

(c)Hexane extract of leaves

Test organisms	500mg/ml	250mg/ml	125mg/ml	+ve	-ve
<i>Escherichia coli</i>	9.0±0.0	NA	NA	28.0±0.0	NA
<i>Klebsiella pneumonia</i>	NA	NA	NA	30.0±0.0	NA
<i>Pseudomonas aeruginosa</i>	9.5±0.5	NA	NA	30.0±0.0	NA
<i>Staphylococcus aureus</i>	NA	NA	NA	32.0±0.0	NA

(d)Hexane extract of the bark

Test organisms	500mg/ml	250mg/ml	125mg/ml	+ve	-ve
<i>Escherichia coli</i>	10.0±0.0	9.0±0.0	NA	27.0±0.0	NA
<i>Klebsiella pneumonia</i>	9.0±0.0	NA	NA	30.0±0.0	NA
<i>Pseudomonas aeruginosa</i>	9.0±0.0	NA	NA	30.0±0.0	NA
<i>Staphylococcus aureus</i>	NA	NA	NA	32.5±0.0	NA

(e)Ethanol extract of the leaves

Test organisms	500mg/ml	250mg/ml	125mg/ml	+ve	-ve
<i>Escherichia coli</i>	24.0±0.0	20.0±0.0	17.5±0.5	29.0±0.0	NA
<i>Klebsiella pneumonia</i>	26.0±0.0	23.5±0.5	20.0±0.0	30.0±0.0	NA
<i>Pseudomonas aeruginosa</i>	21.0±0.0	16.5±0.5	11.0±0.0	29.0±0.0	NA
<i>Staphylococcus aureus</i>	16.0±0.0	14.5±0.5	10.0±0.0	32.0±0.0	NA

(f) Ethanol extract of bark

Test organisms	500mg/ml	250mg/ml	125mg/ml	+ve	-ve
Escherichia coli	20.0±0.0	18.0±0.0	15.5±0.5	29.0±0.0	NA
Klebsiella pneumonia	23.5±0.5	23.0±0.0	18.5±0.5	30.0±0.0	NA
Pseudomonas aeruginosa	19.0±0.0	17.5±0.5	13.5±0.5	29.5±0.0	NA
Staphylococcus aureus	12.5±0.0	12.0±0.0	8.5±0.0	31.0±0.0	NA

NA= Non active.

## 4. Conclusion

From the results of the proximate, phytochemical and antimicrobial screening of the leaves and bark of *Boswellia dalzielii*, the study justifies the use of the leaves and bark of the plant in traditional medicine for the treatment of various diseases caused by microbes.

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